## **NOTICE**

New Maryland policy regarding sleeping arrangements:

## Chapter 05 HOME ENVIRONMENT AND EQUIPMENT

- .06 Rest Furnishings. (Includes previous Regulation .26B) The following changes were made:
  - A crib, portacrib, or playpen is required only for each child younger than 12 months old instead of younger than 2 years old.
  - A child who is at least 12 months old may use a cot or mat.
  - However, a crib, portacrib, or playpen must be provided for a child 12 to 23 months old if the child's parent requests it.

Please select your child's sleeping arrangements

Birth – 12 Months	All Children are required to sleep in Cribs, portacribs, or playpens	
PLEASE SELECT YOUR CHILDS SLEEPING ARRANGEMENTS	Provide Crib/Portacribs Provide Cot/mat	
12 months – 18 months		
18 months – 23 months		
24 months and over	All children sleep on cots and mats.	

Parent Name:	Signature:	Date:	